

PHYSICAL EDUCATION

Exam Board: OCR

Curriculum Leader: Andy Stanley

✉ astanley@heanorgate.derbyshire.sch.uk

Subject Twitter: @MrStanners

UNITS:

- Anatomy & Physiology
- Sport Psychology
- Practical Performance or Coaching
- Contemporary issues in sport



SUBJECT SPECIFIC ENTRY CRITERIA:

Minimum grade 7 in GCSE Science and Physical Education. Must compete regularly in at least 1 sport at club level.

KEY INFORMATION:

A Level physical education is a practical and engaging course which will prepare learners for the further study of Physical Education or sports science courses as well as other related subject areas such as psychology, sociology and biology. Our learners develop theoretical knowledge and understanding of the factors that underpin physical activity and sport and use this knowledge to improve performance. They understand how physiological and psychological states affect performance and learn the key socio-cultural factors that influence people's involvement in physical activity and sport. A Level Physical Education is an academic course and is recognized by all of the top universities in the country.



POSSIBLE CAREER PATHS:

- ➔ Professional coach, teacher or athlete
- ➔ Sport Psychologist
- ➔ Physiotherapist

"I find A Level PE the easiest to revise because it's the most interesting" – Katherine Wragg



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