# PE & PERFORMING ARTS

## PHYSICAL EDUCATION

Curriculum Leader: Andv Stanlev

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Subject Twitter: @MrStanners

#### UNITS:

- Anatomy & Physiology
- Sport Psychology
- Practical Performance

#### SUBJECT SPECIFIC ENTRY CRITERIA:

Minimum B grade in GCSE Science and Physical Education.

#### **KEY INFORMATION:**

A Level physical education is a practical and engaging course which will prepare learners for the further study of Physical Education or sports science courses as well as other related subject areas such as psychology, sociology and biology. Our learners develop theoretical knowledge and understanding of the factors that underpin physical activity and sport and use this knowledge to improve performance. They understand

how physiological and psychological states affect performance and learn the key socio-cultural factors that influence people's involvement in physical activity and sport. A Level Physical

Education is an academic course and is recognized by all of the top universities in the country.



### **POSSIBLE CAREER PATHS:**

- Professional coach, teacher or athlete
- Sport Psychologist
- Physiotherapist

#### **PREVIOUS RESULTS:**

92.3% of Year 12 students met their target grade in A Level PE in 2016 50% of these achieved a grade B or above HGSC students averaged over 5 marks above national at AS and 6 marks above A2









