

MENU week 1 W/C 03/09/18 W/C 01/10/18 W/C 05/11/08 W/C 03/12/18

MONDAY

**SALT & PEPPER
CHICKEN
RICE & PEAS**

**FRESH VEGETABLE
CURRY
RICE & PEAS**

**CHOCOLATE FUDGE
CAKE**

TUESDAY

**CHICKEN CHOW MEIN
NOODLES**

**CHEESE & ONION
FLAN
NEW POTATOES
GARDEN PEAS**

SPICED CARROT CAKE

WEDNESDAY

**ROAST TURKEY
ROAST VEGETABLES
STUFFING**

**ROAST OREGANO
POTATOES
PANEER
TIKKA MASALA
RICE & NAAN**

**ICED COCONUT
SPONGE**

THURSDAY

**COTTAGE PIE WITH
CHEDDAR MASH
FRESH CABBAGE
FRESH CARROTS**

**QUORN 1/4LB in a
BUN
SALAD & COLESLAW**

**BUTTERSCOTCH
TART**

FRIDAY

**BATTERED FISH
TARTARE SAUCE**

**HERBY DICE
MINTED GARDEN
PEAS**

**CHEESE & BEAN
CONE**

**HERBY DICE
MINTED GARDEN
PEAS**

ASSORTED CAKES

MENU week 2 W/c 10/09/18 W/c 08/10/18 W/c 12/11/18 W/c 10/12/18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEEF CHOW MEIN	BEEF PASTA BOLOGNAISE	ROAST CHICKEN	HUNTERS CHICKEN	BATTERED FISH
GARLIC SLICE	GARDEN PEAS NEW POTATOES	STUFFING	OVEN WEDGES	BAKED BEANS HERBY DICE
3 BEAN CHILLI RICE GARLIC SLICE	QUORN & MUSHROOM BAKE	PAPRIKA ROAST	CARROTS with DILL	SPICY CHEESE WRAP
	GARDEN PEAS NEW POTATOES	FRESH BROCCOLI	MACARONI PESTO CHEESE BAKE OVEN WEDGES CARROTS with DILL	BAKED BEANS HERBY DICE
COURGETTE BROWNIE	PLUM & BERRY CRUMBLE	VEGETARIAN CURRY STEAMED RICE NAAN BREAD	STEAMED CHOCOLATE SPONGE	CHOCOLATE FUDGE CAKE
		BANANA BROWNIE		

MENU week 3 W/c 17/09/18 W/c 15/10/18 W/c 19/11/18 W/c 17/12/18

MONDAY

**MEATBALLS in
SPICY TOMATO
SAUCE with PASTA**

VEGETABLES

**VEGETABLE
SPRING ROLL
SWEET & SOUR
SAUCE**

ASIAN SLAW

PARSNIP CAKE

TUESDAY

**TANDORI CHICKEN
LEG**

BOMBAY POTATOES

SWEET CORN

VEGETABLE FAJHITA

BOMBAY POTATOES

SWEET CORN

**APPLE & BERRY
CRUMBLE**

WEDNESDAY

**ROAST
GARLIC & THYME
CHICKEN**

**ROSEMARY POTATOES
STUFFING**

**CAULIFLOWER &
BATON CARROTS**

**1/2 STUFFED PEPPER
with COUS—COUS
CAULIFLOWER &
BATON CARROTS**

**ICED CHOCOLTE
SHORTCAKE**

THURSDAY

**KATSU CHICKEN
CURRY**

**PILAU RICE
NAAN BREAD**

**VEGETARIAN KEEMA
PILAU RICE
NAAN BREAD**

**CORNFLAKE SHORT-
CAKE**

FRIDAY

BATTERED FISH

HERBY DICE

MUSHY PEAS

**PASTA
BOLOGNAISE
(Vegetarian)
GARLIC SLICE**

ASSORTED DESSERTS

MENU week 4 W/C 24/09/18 W/C 22/10/18 W/C 26/11/18

MONDAY

SPICY BREADED
CHICKEN
SPICY SALSA SAUCE

GARLIC SLICE
NEW POTATOES

VEGETABLE LASAGNE

NEW POTATOES
FRESH VEGETABLES

CARAMEL SHORTCAKE

TUESDAY

SAUSAGE
ONION GRAVY

MUSTARD MASH
FRESH CARROTS &
DILL

QUORN & MUSH-
ROOM PIE
FRESH CARROTS &
DILL

MUSTARD MASH

CHERRY ROLL

WEDNESDAY

ROAST TURKEY
Cranberry Sauce
STUFFING

ROAST OREGANO
POTATOES

FRESH VEGETABLES

ROAST VEGETABLE &
PESTO PARCEL

APPLE CRUMBLE

THURSDAY

HOT DELI SUB WITH
SPICY MEAT BALLS

SALAD & COLESLAW

MUSHROOM RISOTTO
GARLIC SLICE

MADLINE SPONGE

FRIDAY

BATTERED FISH

HERBY DICE

MINTED PEAS

VEGETABLE PASTA
BAKE

MINTED PEAS

ASSORTED CAKES